

photo by Rachel Novak Rust



Scrub Style

I am so grateful for our medical professionals who go above and beyond to serve us each day. They do a great job of taking care of us when we need it the most. Their hours are long and tiring, which means being comfortable is essential. I am sharing my most chic scrub-style finds to help our medical professionals look good on the job!



It seems like clinics and hospitals are always cold, regardless of the season. A light jacket is a perfect item to keep on hand at all times to stay warm. I have this natural and tan one, and it has great pockets, plus a cozy sherpa fabric!

Patagonia Retro X Jacket \$140 available via REI

This gorgeous shade of burgundy is perfect for fall. There are many choices for scrub brands, but Figs rank at the top of the list. I love this top's style paired with their jogger pants for a chic look while also being comfortable and practical.

Top \$38 and Bottoms \$48 available via Figs



Why have a regular stethoscope when you could have a rose gold one? I love this one from MDF Instruments.

Stainless Steel Stethoscope \$79 available via MDF Instruments

This top is a great base layer underneath scrubs in cooler months. I love the gray option since it pairs with every color easily. You can also go straight to the gym with it on after work and pair it with leggings.

Swiftly Tech Top \$78 available via Lululemon



Being on your feet for hours at a time can be tiring! Make sure to give your feet the comfort they deserve on the job with a supportive pair of sneakers. I love a sleek white pair since they go with everything.

Sneakers \$159 available via ON Running



A scrub cap is a necessity for medical professionals involved in surgery. There are so many fun patterns and prints out there. I especially love this floral one.

Scrub Cap \$21 available via ETSY



Keeping your eyes protected is imperative. These safety glasses from Stoggles are designed beautifully. I especially like the clear ones for a modern look.

Protective Goggles \$39 available via Stoggles

